



STARTING SOON

**BE THE WOMAN A MAN
WANTS TO MARRY**



**BE THE WOMAN A MAN
WANTS TO MARRY**

List **qualities** do you
think made her a **woman**
men want to **marry**?



Abigail and David



What **qualities** do you
think made this lady
irresistible?

**Kind
Respectful
Believed in David
Reason
Influencer**

Categorized as
Values
or her
brand



Mercedes-Benz



Waitrose



Your **brand** is what
comes to mind when
people **think** of **you**.

**What you show up as is
based on the **values** that
you hold.**

**Nabal's values informed
his behavior.**

**Abigail's values dictated
her actions.**

**If a man / woman asked a
someone about you what
would you want them to
say?**

What's your brand?

What is your value?

What values do you hold?

Your **values** determine
your **behaviour**
which informs your
BRAND.

What is a value?



Values are

- Internal beliefs that dictate how life should be lived
- Principles or standards of behaviour.

Benefits of having
clear values/brand



Source of deep fulfilment/enrichment



Happiness and joy

Do what you love and your
spouse will be **irresistibly** drawn
to you like bees to honey.

Hilton Samuel



Attractive and irresistible



Attract people with similar values

If you want to **attract** the right
person into your life **live** your
values.

Talane Miedaner

How to identify

- Turns you on and gives you profound fulfilment that external elements can't
- Timeless bliss
- You will do it without pay
- It rejuvenates/refreshes your spirit and soul - doesn't drain you



Identify



Values



Brand

Involved

- Questions

List

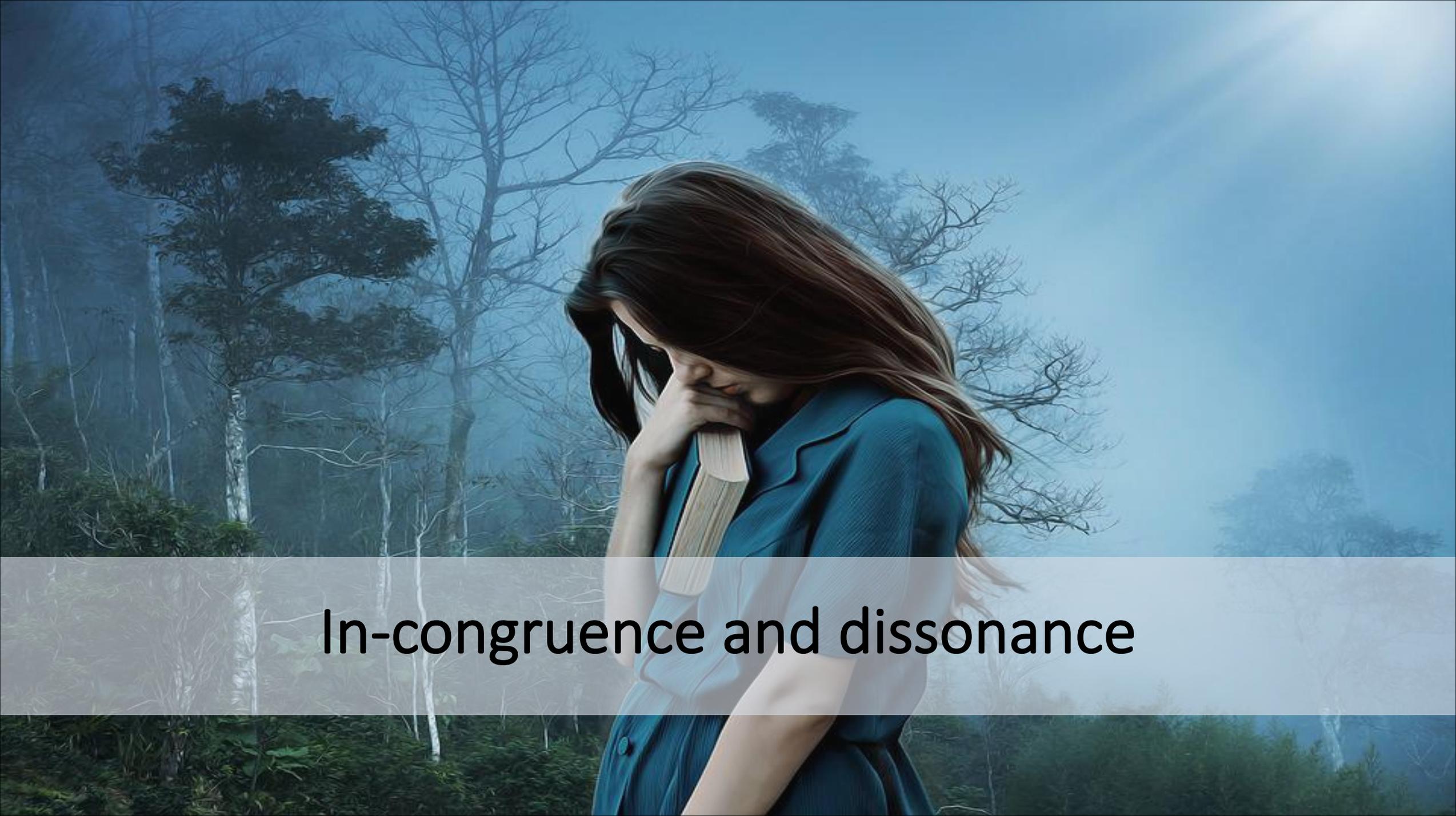
- Name

Peak life experiences?



Life defining moments?



A woman with long brown hair, wearing a teal dress, is shown in profile, looking down and holding a book. She is standing in a misty forest with tall, thin trees. The scene is dimly lit, creating a somber and reflective atmosphere. A semi-transparent white banner is overlaid across the middle of the image, containing the text "In-congruence and dissonance".

In-congruence and dissonance



What gives you timeless bliss?



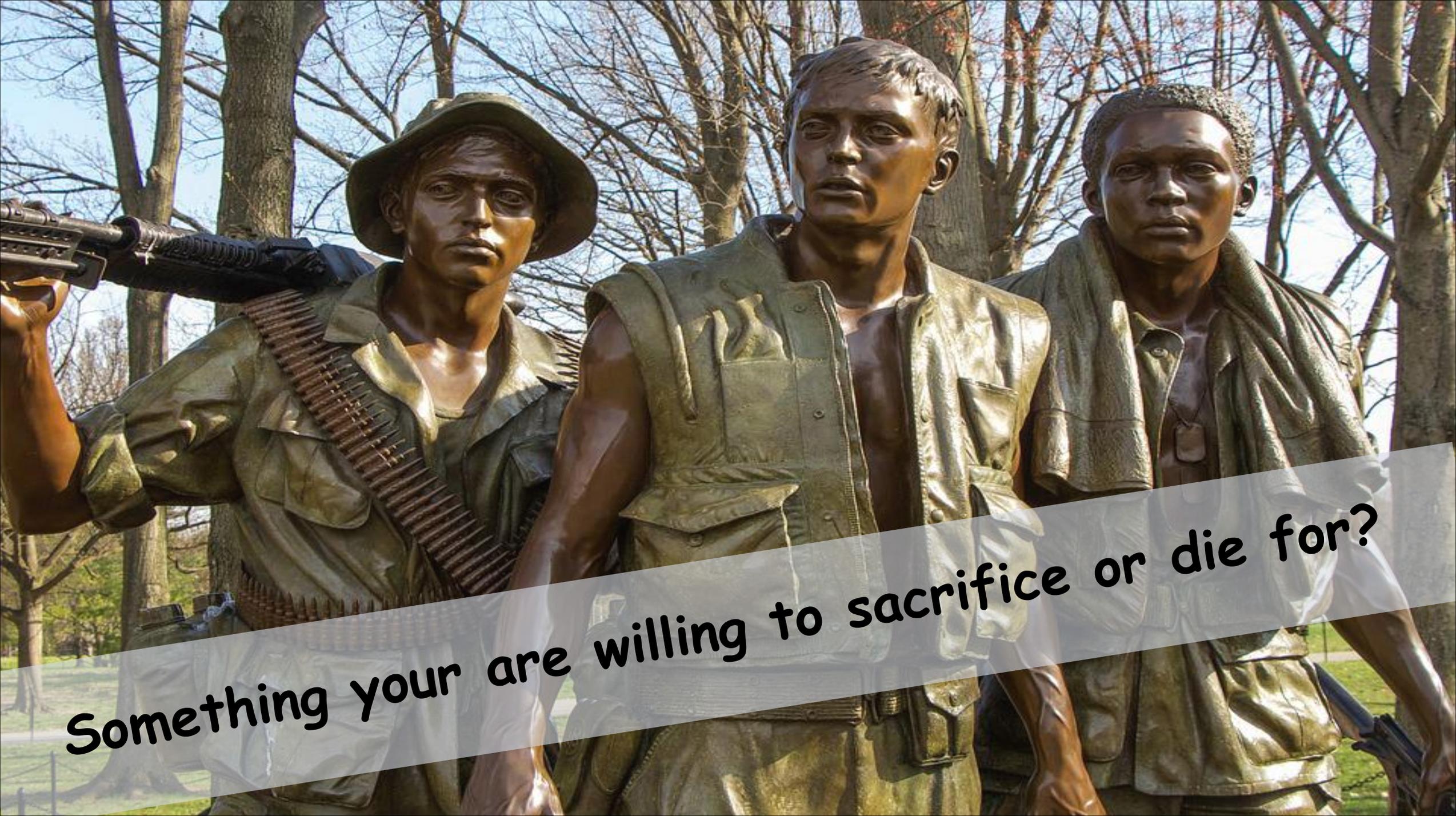
What if you had 6 months to live?

Death-bed life review?



A man with a full brown beard and a grey hoodie is looking out of a window. The window has a wooden frame and a metal latch. The lighting is dramatic, with strong highlights on the man's face and the window frame, and deep shadows elsewhere. The overall mood is contemplative and focused.

Soul calling - something you are called to do



Something you are willing to sacrifice or die for?

Identifying Your Core Values

Chose 10 values from the list below that best represent who you are
(you can create your own)

Adventure

Explore unknown		Thrill	
Danger		Speculation	
Dare		Gamble	
Endeavour		Quest	
Experiment		Be exhilarated	
Venture		Risk	

1. Identify 20 values from the list that resonate with you

Look through your list of the 20 values you have chosen and follow these steps to bring it down to 5

- Ask your best mother, sibling or best friend (or someone who knows you best) to tell you which of the values you picked suits you. Eliminate any that is not something they associate with you. Try and reduce the list down to 10.
- **Order the top 10 values from most to least important**
- Your values should mean so much to you that life would be miserable or meaningless if you are not practising them.
- **Choose the top 5 as your most important values. Remember these can change over time. You can also add values that are not listed.**



Design a **project**
around your core
values

If you want to **attract** the right
person into your life **live** your
values.

Talane Miedaner

We are **irresistible** when we do
what we love.

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