How To Connect With Men

Beyond physical attraction

1. Love and like men

1. Like begets like
2. It makes people feel safe
3. Signals acceptance

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Be curious

Be a learner

cc: Kerri Lee Smith - https://www.flickr.com/photos/77654185@N07

3 A's

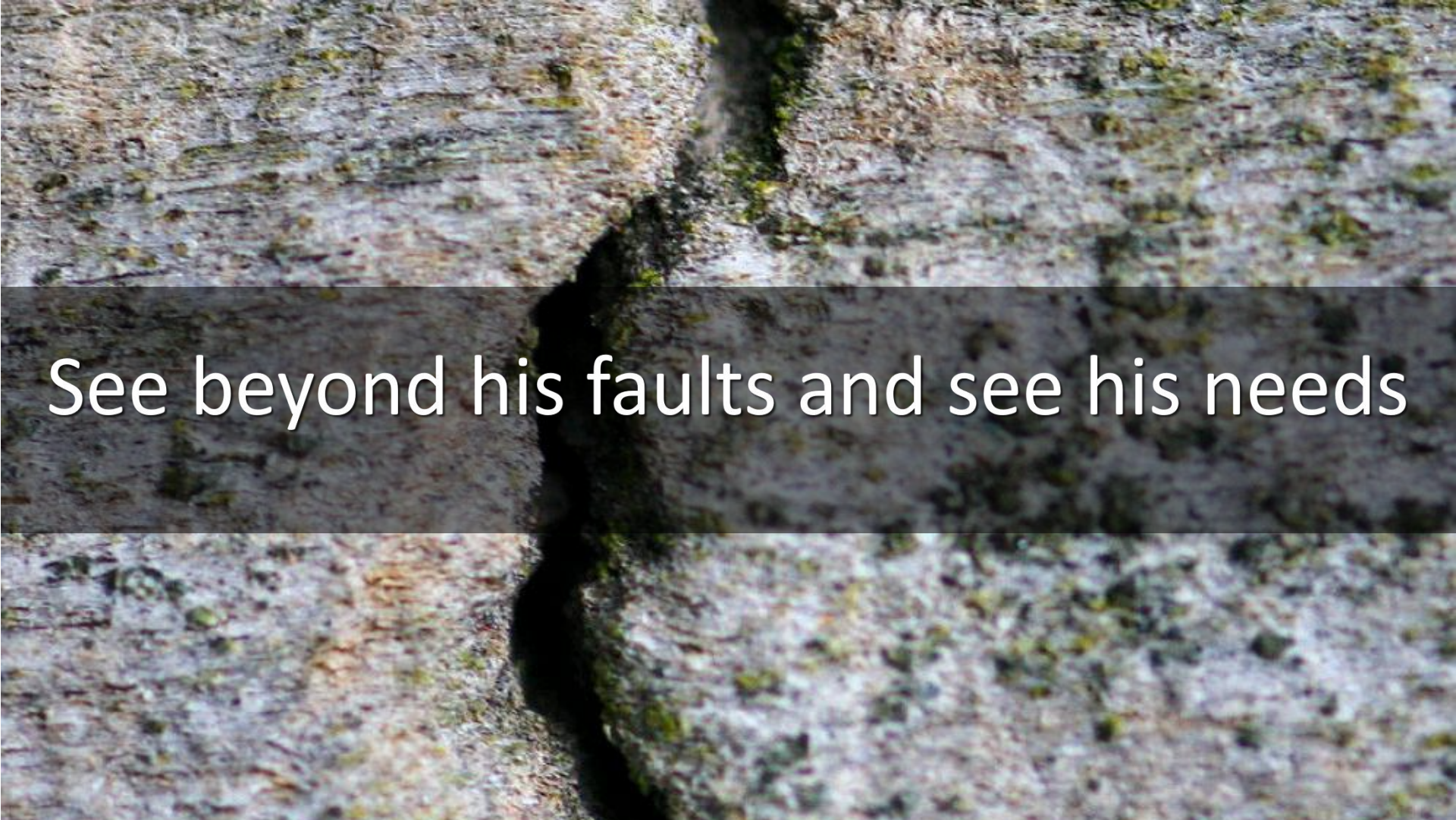
- Adore men
- Appreciate men
- Accept men

Adoration

- Attitude of awe and respect
- Seen in the eyes, face and body posture

2. Acceptance

Behind every behaviour is a feeling
Behind every feeling is a need


See beyond his faults and see his needs

You see what you look for;
you attract what you are!

Magic of appreciation

3. Believe in him even when he doesn't believe in himself

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im
possible

CONNECTING

Time and space

Talk

Togetherness - Activities

Connecting through TALK

5. Casual & cliche

- 4. Facts - reports

3. Opinions & ideas

- 2. Feelings and emotions

1. Deep needs

Time and Space

Do you have space?

People must be better because of you

cc: Neal. - https://www.flickr.com/photos/31878512@N06

4. Challenge him

cc: Doran Erickson - https://unsplash.com/@doran_?utm_source=haikudeck&utm_medium=referral&utm_campaign=api-credit

Give feedback to help not criticise

cc: Rick Hobson - https://www.flickr.com/photos/50719776@N03

Let him know you expect better from him

cc: @markheybo - https://www.flickr.com/photos/45454676@N00

Push beyond comfort zone

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Push beyond comfort zone

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Stand up to him - don't accept crap

5. Be vulnerable

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If you really knew me
would you still like me