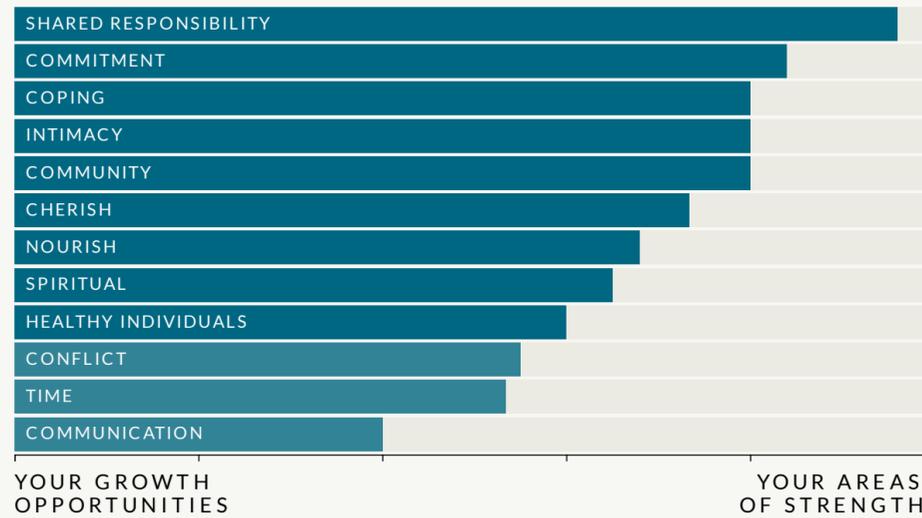


Your Results

Every marriage has both strengths and opportunities for growth. Research consistent with biblical wisdom indicates that a thriving marriage is the result of progress in several key areas of married life. Based on your responses to the previous questions, this report takes a look at these key areas in your marriage, identifying both top strengths and opportunities for growth.



Your Areas of Strength



SHARED RESPONSIBILITY

Sharing responsibility involves being on the same team. Thriving couples recognize their unique, God-given roles and work together to manage everyday responsibilities. They utilize their individual gifts and talents as they negotiate ways to divide household chores fairly (Philippians 2:4). They work to reach a consensus so that both partners feel satisfied with the distribution of responsibility.



COMMITMENT

Marriage was created by God and is to be honored by everyone (Hebrews 13:4). Healthy couples believe marriage is permanent and that divorce is not an option. They look forward to their future together and see their marriage as one of the most important parts of their lives. They love each other and invest in their relationship. In a strong marriage, couples expect to face challenges together and are willing to do whatever it takes to make their marriage work.



COPING

Every marriage faces change, stress and crisis, and coping well requires first understanding that challenges are inevitable (John 16:33). Healthy couples prepare for hard times and work together to overcome difficulties. They trust God, lean on each other and are willing to seek help when needed.

Your Growth Opportunities



CONFLICT

Conflict happens in every marriage, but God uses those struggles to help individuals and couples grow and find greater joy (James 1:2). In a thriving marriage, couples recognize this reality and strive to learn how to handle conflict. Healthy couples deal with issues right away, speak respectfully even when they disagree, and show compassion in conflict. They are willing to talk about difficult topics, try to understand each other's point of view, and forgive each other after a disagreement.



TIME

Finding ways to sustain love involves spending enjoyable together (Ecclesiastes 9:9). Thriving couples build a strong friendship by continuing to date. They develop meaningful traditions, spend time with each other, laugh together and look for adventure. They work together to find hobbies they can both enjoy. A healthy marriage has a good mixture of independence and togetherness, and couples are intentional about building their lives on a foundation of common values, interests and goals.



COMMUNICATION

Positive communication allows couples to become emotionally connected. Two individuals can understand each other better when they listen well and when they express their needs, thoughts and feelings honestly (1 Corinthians 13:12). Healthy couples communicate about daily matters, and they have positive conversations that enrich their relationship. They are willing to share both joys and sorrows, dedicate time to regular communication and strive to learn more about each other.