

CONVENTIONAL 'MASCULINE' GENDER-PERSONALITY CHARACTERISTICS

REGRETTABLE	NEUTRAL	ADMIRABLE
macho, tough, hard	severe	stable
stoical, stern, hard-hearted	solemn	steady
sadistic, cruel	analytical	deliberate
crafty, vindictive	theoretical	strong
disorderly, sloppy	unexcitable	self-confident
noisy, loud	cool	decisive
alcoholic, drug-dependent	controlled	independent
coarse, crude	conventional	determined
superficial, artificial	firm	committed
combative, belligerent, defensive	resilient	active
uses harsh language, easily angered	frank	autonomous
impulsive, impetuous, rash, fearless	sincere	courageous
foolhardy, violent, destructive	leading	brave
boastful, proud, self-centered	commands	enterprising
selfish, narcissistic, egotistical	respect	industrious
arrogant, conceited, affected	robust	task-oriented
non-self-disclosing, secretive	athletic	conscientious
undemonstrative, detached, numb	ambitious	truthful
unemotional, represses feelings	daring	initiating
emotionally immature & dependent	bold	organized
insensitive to others' feelings	risk-taking	methodical
unempathetic, unsentimental, callous	adventurous	disciplined
fearful of vulnerability & dependence	outspoken	reliable
possessive, jealous	jolly	ingenious
dominant, controlling, domineering	secular	inventive
brutal, ruthless	worldly	creative
punitive, disciplinarian	individualistic	realistic
power-hungry, powerful, forceful		clear-headed
willful, militaristic		skeptical
hierarchical, patriarchal, autocratic		objective
judgmental, demanding		judicious
rigid, stubborn		foresighted
coercive, aggressive, exploitive		rational
loyal (to the cause, team, company)		logical
lost in abstractions, dogmatic		lucid
ideological, patriotic		intelligent
competitive, materialistic		sharp-witted
strives for economic success, prestige		competent
preoccupied with technology		practical
and mechanical things ('toys')		pragmatic
lacks inwardness, non-spiritual		comfortable
sexually aggressive, polygamous		with math
wants to sire children but not raise them		and science
concerned with sexual performance		providing
obscene, vulgar, uses pornography		protective
intimacy means sex, virile		fatherly
fearful of contact with other men		concerned
fearful of being thought 'feminine'		for justice
concerned with body-image, muscles		takes a stand
watches sports on television		defends beliefs

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CONVENTIONAL 'FEMININE' GENDER-PERSONALITY CHARACTERISTICS

ADMIRABLE	NEUTRAL	REGRETTABLE
tender	charming	submissive, subordinate
warm	attractive	subservient, deferential
loving	humble	passive, non-assertive
friendly	modest	mEEK, weak, masochistic
affectionate	chaste	apologetic, vulnerable,
sophisticated	withdrawn	needy, timid, fragile
poised	demure	artificial, superficial
creative	contented	shallow, ornamental
artistic	simple	frilly, vain
expressive	soft-hearted	conceited, affected
intelligent	inoffensive	sweet & innocent
refined	long-suffering	martyr, self-sacrificial
gracious	emotional	duty-bound, domestic
tactful	excitable	naive, gullible, dependent
self-confident	nostalgic	tranquilizer-dependent
independent	dreamy	clinging, fawning
sensitive	cautious	needs to please
sympathetic	prudent	needs approval
empathetic	sincere	easily flattered
compassionate	religious	jealous, possessive
caring, kind	monogamous	possessed by and loyal
considerate	childlike	to her man
understanding	secretive	fulfilled thru her
cooperative	interdependent	husband and children
helpful	loves children	fearful, worried
trusting	wants to bear children	conservative
unselfish	entertaining	inefficient

adaptable		dumb, illogical
communal		moody, high-strung
conscientious	HOW TO USE THIS	hysterical, theatrical
supporting	GENDER-PATTERN CHART	rattle-brained,
soothing		scatter-brained
comforting	1. Mark the words in all 6	unpredictable,
charitable	columns that describe you.	unsystematic
truthful	2. Using a different color,	nervous, incoherent
tolerant	mark all the words that	talkative, frivolous
reliable	describe another individual	flirtatious, coy, sly,
motherly	whom you know well.	smiling, giggling, giddy
nurturing	3. Note the colored	fickle, vacillating
gentle	patterns of these marks.	capricious, flighty
patient	4. Which words do you wish	devious, petty
praising	to move to another column?	gossipy, critical
forgiving	5. What characteristics	whining, complaining
subjective	would you add or delete?	nagging, fussy, prudish
spiritual	6. What qualities of your-	sexually passive
uncompetitive	self do you want to change?	concerned with
intimacy	7. What attributes would you	'feminine' identity
means	change in the other person?	concerned about beauty
sharing		reads romance novels
		watches TV soap operas

How to cite the above pages from [New Ways of Loving](#)

Students and scholars are invited to quote a few concepts or selections from the above pages. Here is the proper form for the footnote or other reference:

James Park [New Ways of Loving: How Authenticity Transforms Relationships](#) (Minneapolis, MN: www.existentialbooks.com, 2007—6th edition) p. 132-133

{the page numbers appear at the bottom of each page}

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If you wish to refer readers to this whole Gender-Pattern Chart, send them either to this location on the Internet:

<http://www.tc.umn.edu/~parkx032/NWL132.html>

or to one of the printed books in which it appears:

This Gender-Pattern Chart appears in two books by James Leonard Park:

[New Ways of Loving: How Authenticity Transforms Relationships](#)
Chapter 8: Masculinity/Femininity: Loving Beyond Our Gender-Personalities

The [synopsis of this chapter](#) introduces this Gender-Pattern Chart and explains some likely misunderstandings.

[Variations of Sex & Gender: Six Phenomena Frequently Confused](#)
Chapter 4: Gender-Personalities: Thousands of Possible Gender-Patterns

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